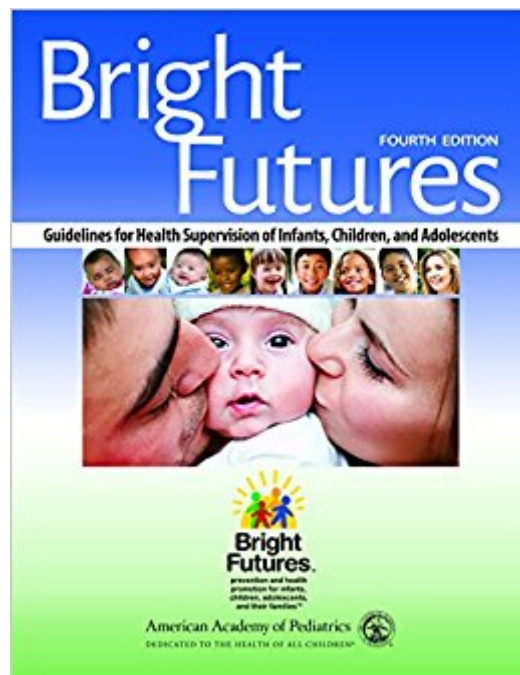


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Bright Futures: Guidelines For Health Supervision Of Infants, Children, And Adolescents



Synopsis

This essential resource provides key background information and recommendations for themes critical to healthy child development along with well-child supervision standards for 31 age-based visitsâfrom Newborn through 21 Years. Whatâs in the Bright Futures Guidelines, Fourth Edition? Twelve health promotion themes addressing Â lifelong health for families and communities Â NEW Â family support Â health for children and youth with special health care needs Â NEW Â healthy development Â mental health Â healthy weight Â healthy nutrition Â physical activity Â oral health Â healthy adolescent development Â healthy and safe use of social media Â NEW Â safety and injury prevention Â 31 age-based health supervision visitsâNewborn to 21 Years All the information and guidance thatâs needed to give children optimal health outcomes -Context -Health Supervision -History -Surveillance of Development -Review of Systems -Observation of Parent-Child Interaction -Physical Examination -Medical Screening -Immunizations -Anticipatory Guidance Â Whatâs NEW in the 4th Edition? Â Builds upon previous editions with new and updated content that reflects the latest research. Â Incorporates evidence-driven recommendations. Â Includes three new health promotion themes: -Promoting Lifelong Health for Families and Communities -Promoting Health for Children and Youth With Special Health Care Needs -Promoting the Healthy and Safe Use of Social Media Â Includes new screen time recommendations Â Provides greater focus on lifelong physical and mental health -Weaves social determinants of health throughout the Visits, allowing health care professionals to consider social factors like food insecurity, violence, and drug use that may affect a childâs and familyâs health -Features updated Milestones of Development and Developmental Surveillance questions Â Provides new clinical content that informs health care professionals about the latest recommendations and provides guidance on how to implement them in practice: -Maternal depression screening, Safe sleep, Iron supplementation in breast fed infants, Fluoride varnish, Dyslipidemia blood screening Â Includes updates to several Adolescent screenings Â With Bright Futures, health care professionals can accomplish 4 tasks in 18 minutes! Â Disease detection Â Disease prevention Â Health promotion Â Anticipatory guidance Â What is Bright Futures? Â A set of theory-based, evidence-driven, and systems-oriented principles, strategies, and tools that health care professionals can use to improve the health and well-being of children through culturally appropriate interventions. Bright Futures addresses the current and emerging health promotion needs of families, clinical practices, communities, health systems, and policymakers. Â The Bright Futures Guidelines are the blueprint for health supervision visits for all children. Â Bright Futures is the health promotion and disease prevention part of the patient-centered medical home. Â Who can

use Bright Futures? Â Child health professionals and practice staff who directly provide primary care
Â Parents and youth who participate in well-child visits Â Public Health Professionals
Â Policymakers Â Pediatric Educators Â MD Residents Â

Book Information

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